Jurnal
Pengabdian
Teknologi Tepat Guna
Vol. 6, No. 3, November, 2025, pp. 250-256
https://jurnal.usahidsolo.ac.id/index.php/TTG/

SOCIALIZATION OF BULLYING AS A PREVENTION EFFORT VIOLENCE OCCURRED IN PRIMARY SCHOOLS

Rafida Azzahra Prasetyo Putri[1], Hastuti Rifayani[2]

[2]Psycholog
E-mail : hastutirf.123@gmail.com

dikirim: 11 Pebruari 2024 diterima: 27 Oktober 2025 dipublikasikan: 1 Nopember 2025

DOI: https://doi.org/10.47942/jpttg.v6i3.1678

Abstrak

Pencegahan kekerasan sosialisasi bullying di sekolah dapat dilakukan antara lain dengan cara pengawasan dan pemberian sanksi secara tepat kepada pelaku. Metode pengumpulan data pada pengabdian ini adalah observasi, mengajar dan ceramah salah satu cara yaitu dengan memasukkan materi bullying ke dalam pembelajaran yang akan berdampak positif bagi pengembangan pribadi para murid. Tujuan penelitian ini adalah mengetahui gambaran peran sekolah dalam pencegahan tindakan kekerasan bullying di SD Muhammadiyah PK Baturan. Rancangan penelitian ini adalah kualitatif dengan pendekatan fenomenologis. Partisipan penelitian adalah komunitas sekolah yang terdiri dari kepala sekolah dan guru. Teknik sampling yang digunakan adalah purposive sampling. Jumlah partisipan 56 dan 7 orang yang mengalami bullying setelah menemukan saturasi data. Hasil penelitian didapatkan bahwa pencegahan kejadian bullying telah dilakukan dengan berbagai program seperti pengawasan, penyuluhan dan pendidikan karakter yang selama ini terbukti efektif. Kesimpulan: dari pengabdian yang dilakukan oleh narasumber dapat dijelaskan bahwasannya sekolah memberikan respon yang baik.
Kata kunci: bullying, sekolah dasar

Abstract

Prevention of bullying socialization violence in schools can be done, among other things, by monitoring nd providing appropriate sanctions to the perpetrators. Data collection methods in this service are observation, teaching and lectures, one way is by incorporating bullying material into learning which will have a positive impact on students' personal development. The aim of this research is to understand the role of schools in preventing acts of bullying violence at SD Muhammadiyah PK Baturan. This research design is qualitative with a phenomenological approach. Research participants are the school community consisting of school principals and teachers. The sampling technique used was purposive sampling. The number of participants was 56 and 7 people experienced bullying after finding data saturation. The research results showed that prevention of bullying incidents has been carried out with various programs such as supervision, counseling and character education which have so far proven to be effective. Conclusion: from the service carried out by the resource person, it can be explained that the school gave a good response.

Keywords: *bullying, elementary school*

INTRODUCTION

Bullying is a serious problem, because it can have a long-term impact on serious psychological problems, such as low self-esteem to deep depression, aggression, and school

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refusal or children refusing to go to school which can lead to dropping out of school. School as an educational institution which should be a safe and comfortable place for students to develop themselves has instead become the place for most cases of bullying which are currently occurring in Indonesia. This violence continues because the school considers teasing and fighting between students to be normal. This condition of widespread bullying is allegedly due to something going wrong at school, the lack of attention given by teachers to their students shows the less than optimal role of schools in assisting their students and the students' lack of understanding about bullying so that bullying occurs. Bullying is a significant figure in students' lives (Santrock, 2001). In acts of bullying there is aggressive behavior (Rigby, 2004). Olweus (Krahe, 2005) According to Coloroso (2007), bullying is an act of intimidation carried out repeatedly by a stronger party against a weaker party, carried out deliberately and with the aim of hurting the victim physically or emotionally.

Bullying behavior can happen to anyone, sadly it often occurs in the educational environment of elementary schools when children are 6-7 years old. Basic education is the foundation for shaping children into good personalities in the next stage of development. Bullying cases are starting to become rampant in Indonesia from elementary school to university level. According to a KPAI survey, there were 369 complaints related to bullying issues from 2011 to 2014. Bullying cases, which are one of the cases of violence in schools, are the cases with the largest number compared to student brawls, educational discrimination, or complaints of illegal levies. According to ICRW (International Center for Research on Women) in 2015, 84% of children in Indonesia experienced violence at school. This figure is a higher figure than the trend in the Asian region. The facts that occur in the world of education, especially at SD Muhammadiyah PK Baturan, are that many teachers still don't understand the impact of bullying. This is indicated by the large number of students who speak ill of each other or say harsh words to their friends.

In this case, the community service held socialization at SD Muhammadiyah PK Baturan. The importance of carrying out socialization there is because the writer is concerned about the behavior of elementary school students now seeing that there is bad behavior among students such as making fun of each other, being bullied by classmates, skipping school because there are School homework. Therefore, the author asked permission from the Muhammadiyah PK Baturan elementary school so that he could carry out socialization there. The school welcomed this socialization very well.

Based on the service carried out at Muhammadiyah PK Baturan Elementary School on Monday, 17 July 2023 to 17 November 2023 with the situation analysis explained above, the author held a service program so that student participants at Muhammadiyah PK Baturan Elementary School gained an understanding of what constitutes action. bullying, what is the impact of bullying and how to deal with bullying if students become bullies. Armed with knowledge and expertise in Educational Psychology, service members apply, adopt and adapt this scientific field in a Community Service program with the title "Socialization of Bullying (Legislation) as an Effort to Prevent Violence in Elementary Schools".

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Picture 1. Atmosphere at the Place of Service

The purpose of writing this report is:

A. To convey information on the results of activities per study program carried out while at SD Muhammadiyah PK Baturan

B. To disseminate education on the understanding, types and prevention of bullying to elementary school children and their teachers.

C. To provide information on how to prevent bullying among elementary school children.

D. To introduce the meaning and social role of school age children at SD Muhammadiyah PK Baturan.

E. For children to avoid action bullying while playing and joking with his friends.

SERVICE METHOD

This research design uses qualitative research. The method of student service to KNK students is carried out using several methods including lectures delivering material, question and answer discussions, and showing videos. Participants in this research were grade 6 and grade 4 students and supervising teachers at SD Muhammadiyah PK Baturan. The sampling technique used was purposive sampling with a total of 56 and 7 people who experienced bullying after finding data saturation.

Service to the bullying socialization program as an effort to prevent violence at SD Muhammadiyah PK Baturan was carried out on Monday 13 August 2023 at 08.00 WIB in the prayer room at SD Muhammadiyah PK Baturn.

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1. This first stage is the initial stage before implementing it to the next stage, namely the implementation stage. So that the implementation runs smoothly, this preparation stage is needed to prepare for the implementation of community service activities so that no errors occur during the activity.

2. The second stage of preparation was carried out on August 13 2023, service students asked permission and explained the form of the activity, namely socializing the impact of bullying and asking students to provide messages and impressions from this activity in order to find out the extent to which students understand the impact of bullying.

3. The third stage of implementing this socialization activity for female students was opened by Mrs. Nur Afifah, S.pd as the supervising teacher who was enthusiastic about this activity and hoped that activities like this could be sustainable in the future.

4. The final stage of service with the title socializing the impact of bullying was carried out in three sessions, namely the first session was a presentation (presentation of material), showing a video about stop bullying, and the discussion was a question and answer session as well as giving messages and impressions by students. In the first session, the staff delivered material about the meaning of bullying, the impact of bullying, examples of bullying and how to prevent bullying so that students can know what bullying means and understand and recognize the impacts that occur due to bullying on female students.

RESULTS AND DISCUSSION

Based on the results of the interview, it is known that the school has made efforts to prevent bullying at school by carrying out supervision, counseling and character education. Efforts to prevent bullying are not only carried out by the teachers themselves but are carried out comprehensively and carried out by all parties, including teachers, security officers and school cleaners. Anti-bullying prevention is also a teacher's duty and obligation apart from providing learning to students.This is in accordance with what SEJIWA (2008) stated that bullying is a situation in where someone strong (can be physically or mentally) presses,cornering, harassing, hurting someone who is weak deliberately and repeatedly, to show his power. In this case the victim is unable to defend or defend himself because physically or mentally weak.

According to the Minister of Social Affairs Khofifah (Laksana; 2017), according to a survey, 84% of children aged 12-17 years experienced cases of bullying. Most cases of bullying found are cyber bullying. The ways to reduce bullying in the school environment include: 1. Parties Schools must be able and able to provide a sense of security, comfort and a pleasant atmosphere for students the students; 2. One teacher is responsible for 10-13 students, the teacher will personally know this changes in students' attitudes; 3. There is socialization about bullying for students and teachers.

Based on the author's experience during practical field experiences of socialization carried out at SD Muhammadiyah PK Baturan.The socialization time is from 21 October 2023 to 22 October 2023 at SD Muhammadiyah PK Baturan. Data retrieval process done step by step. October 21, 2023 data collection date done in class 4. Meanwhile, for class 6, data will be collected on October 22, 2023. In this socialization, the research subjects were 6th grade students at SD Muhammadiyah PK Baturan. The sample used was a total of 56

participants taken randomly from class 4 where each class was represented by 6 to 1 person. The total sample was 7 people who experienced bullying after finding data saturation.



Picture 1. Photo of material presentation



Picture 2. Photo showing video and question and answer

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Picture 3. Photo with supervising teacher and students

This activity was considered successful because the material presented received a positive response and the participants also gave a good attitude. Positive responses were also given by female students by participating in discussions and questions and answers related to bullying at among students. There were students who were later discovered to have been the perpetrators bullying and there are also students who receive bullying treatment who become braver deal with bullying in the ways that have been taught. Comprehension material Bullying fosters students' enthusiasm and understanding of behavior intimidation

CONCLUSION

From the implementation of service activities at SD Muhammadiyah PK Baturan, it can be concluded that bullying can be prevented by providing understanding to students so that they can avoid victims of bullying and perpetrators of bullying. Through this activity, students receive good training about the dangers of bullying behavior among students. This is evidenced by the increasing understanding of students regarding the issues presented and discussed during discussions and questions and answers.

ACKNOWLEDGMENTS

The author would like to thank those involved in community service teaching activities, especially for grade 1 and grade 6 students and all the teachers and principals of SD Muhammadiyah PK Baturan for the permission given to the author in this teaching activity. Hopefully there will be other interesting themes in handle adolescent cases from another psychological perspective.

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